

## Black Bean and Corn Salad

Recipe courtesy Rachael Ray

### Ingredients

- 1 can, 14 ounces, **black beans**, rinsed and drained
- 2 cups frozen corn kernels
- 1 small **red bell pepper**, seeded and chopped
- 1/2 red **onion**, chopped
- 1 1/2 teaspoons ground **cumin**, half a palm full
- 2 teaspoons hot sauce, just eyeball the amount (recommended: Tabasco)
- 1 lime, juiced
- 2 tablespoons vegetable or **olive oil**, eyeball it
- Salt and pepper

### Directions

Combine all ingredients in a bowl. Let stand at least 15 minutes for corn to fully defrost and flavors to combine, then toss and serve. The corn will also place a quick-chill on this easy side-salad as it defrosts -- no need to refrigerate!